



*Anthony Spink*  
DENTAL SUITE

## SMILEFAST

**WITH SMILEFAST, THERE'S NO NEED TO HIDE YOUR SMILE DURING ORTHODONTIC TREATMENT.**

Our adult patients who want a straight smile typically feel hesitant when it comes to the idea of metal braces and wires. But with its clear brackets and tooth coloured wires, Smilefast will blend in with your smile leaving your orthodontic treatment barely noticeable.

# CONTENTS

<b>IS ORTHODONTICS FOR ADULTS?</b>	<b>3</b>
<b>WHY SHOULD I GET BRACES?</b>	<b>4</b>
<b>HOW DOES SMILEFAST WORK?</b>	<b>5</b>
<b>CAN MY TEETH BE CORRECTED WITH SMILEFAST?</b>	<b>6</b>
<b>CAN I RECEIVE AN ALL-INCLUSIVE QUOTE?</b>	<b>7</b>
<b>GET YOUR SMILE FAST WITH SMILEFAST FROM ANTHONY SPINK DENTAL SUITE</b>	<b>8</b>

## Is orthodontics for adults?

Most people believe orthodontic treatment is just for teenagers, and many seem to think that if they didn't undergo treatment as an adolescent, they've missed the boat. Luckily, this is not true, and today, orthodontic treatment is a viable option for almost any adult. There's no age limit when it comes to orthodontics and best of all, thanks to modern techniques, there are now several options.

Approximately, one in five orthodontic patients is an adult, and this number continues to grow. As adult jaws have set into place, any changes to the jaw usually require longer treatment and healing time as compared to adolescents whose jaws are still growing and developing. But with advancements in orthodontic technology, you now have many options available to you that are both very efficient and will fit in with your lifestyle.

Smilefast is an innovative orthodontic treatment specifically designed to move teeth fast and efficiently with gentle force and minimal discomfort. With the clear brackets and tooth coloured wires, Smilefast is barely noticeable and worn for only a fraction of the time compared to traditional braces.





# Why should I get braces?

A straighter smile doesn't just look beautiful; it also plays a vital role in your oral and overall health. Studies continuously find new links between a healthy smile and our overall health. So straightening your smile goes beyond the general aesthetic benefits; there are many advantages you can gain by properly aligning your teeth, including:

- Straight teeth provide an optimal cleaning surface whereas crooked teeth tend to create extra surface area or crevices that are very difficult to clean.
- Crooked teeth increase the risk of developing gum disease which in turn is linked to many debilitating diseases such as diabetes, dementia and heart disease.
- Straightening your smile involves aligning your bite as well, which allows for optimal dental function and proper speech.
- Crooked teeth or a misaligned bite mean you can't chew your food as well as you should, which puts stress on your digestion and can lead to stomach issues.
- Straight teeth can decrease the risk of injury: crooked teeth that are involved in a dental injury or trauma are more likely to damage the soft tissues (such as cheeks and lips) in the impact.
- Having a good bite also protects the teeth and the jaw joints from excessive wear and pressure, assisting your oral health in the long run.

The role your teeth play in your overall health is often overlooked, and many people don't even know how their oral health affects their general health. If you have crooked teeth and a misaligned bite, you need to be aware of the health concerns you're susceptible to and even more vigilant when it comes to your oral hygiene.

# How does Smilefast work?

The aim of the Smilefast system is to take the best aspects of braces and modify the procedure and materials and thereby give adults a cosmetic solution which suits their lifestyle. Unlike traditional braces, which can take up to two years to complete, the Smilefast system can be completed in less than half that time with an average treatment time of only six months.

With the Smilefast Digital Indirect Bonding System, we can use 3D imaging to allow a more accurate prediction of your tooth movement and from thereon determine how to achieve the best results for you in just 6-9 months.

Along with the short treatment time, other benefits include:

- Low-pressure movement and short overall treatment times that can increase comfort, safety and hygiene
- The clear brackets and tooth coloured nickel-titanium wires make this a very subtle treatment system.
- Thanks to the shorter treatment time, Smilefast dramatically cuts the cost of your treatment, making it more affordable than most other orthodontic options such as braces and aligners.

Using a combination of standard orthodontic techniques, modern materials, and tooth-coloured nickel titanium wires, we can quickly move your teeth with minimal effort. The nickel-titanium wires exert mild pressure to force the teeth to move gradually. As the force used to move your teeth with Smilefast braces is gentler and teeth are rarely extracted; there are very few risks involved. The Smilefast treatment does not leave patients open to any additional risks, compared to traditional orthodontic treatments.

## *Digital accuracy means perfect bracket placement*

The 3D imaging system is also used to identify the best position for your brackets – this is essential for fast and straightforward orthodontic treatment. When compared to brackets which are placed by hand, 3D imaging also produces far better results. With Smilefast's unparalleled digital approach, we can deliver digital precision and the fastest, most accurate and predictable treatment.

# Can my teeth be corrected with Smilefast?

The Smilefast system is designed particularly for adults who are looking to achieve a great smile in a short amount of time. Smilefast can treat a wide range of orthodontic concerns including:



Gaps between teeth



Crooked and crowded teeth



Jaw misalignments such as underbites and overbites



Protruding teeth

While considered a cosmetically advanced option, Smilefast can in comparison to other cosmetic solutions, still target and correct more complex cases of teeth or jaw misalignment.

Smilefast is designed to treat the majority of patients; however, some cases will require a more complex treatment. This is because Smilefast is not designed to produce a perfect bite; it is simply designed to give adult patients a great smile but does not rectify all the problems associated with the dental structure

## Can I receive an all-inclusive quote?

The cost of orthodontic treatment is one of the biggest enquiries a parent might have, and with good reason. It is impossible to provide an accurate quote before a careful consultation. This is not a marketing trick to avoid the cost conversation; even the most experienced orthodontic specialist will need to carefully assess your smile before providing an accurate quote.

An all-inclusive financial quote and a comprehensive diagnostic report will help avoid confusion and unexpected costs. It's important to enquire as to whether the quote is inclusive of consultation, pre-treatment reviews, required appliances, and post-treatment check-ups.

To find out if you are a suitable candidate for Smilefast and to get a quote, come in for a consultation so that we can assess your oral health and the current state of your teeth. This is the only way we will know for sure which treatment is going to work best for you and how much it's going to cost.



# Get your smile fast with Smilefast from Anthony Spink Dental Suite

It's never too late to get the smile you desire; here at Anthony Spink Dental Suite, we work with many adult patients looking to enhance their smile and improve the function of their mouth.

From the moment patients enter our practice, the caring team at Anthony Spink Dental Suite strives to make them feel both comfortable and confident in our ability. To address the appearance and function of your teeth, we offer a range of dynamic and technologically progressive orthodontic treatments and the Smilefast treatment is one of the most sought after procedures. We tailor an orthodontic plan suited to you to ensure we reach the optimum result.

The first step you need to take to find out if you are a suitable candidate for the Smilefast system is to come in for a consultation. During this consultation, we can assess your oral health, current situation, and your goals. This is also a great opportunity for you to ask our team any questions you may have regarding the treatment process.

You can now achieve your dream smile without wearing traditional metal brackets. Take the step towards a straighter and healthier smile and contact us to find out if you are a suitable candidate for Smilefast.

**Don't put it off any longer; you deserve to have the smile you want, and with Smilefast, there's no need to hide your smile during your treatment.**





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**Contact us today!**

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